



Date: _____

Phone (866)511-5678 Fax (866) 850-5193

- | | | | |
|---|-----------|-----------------|-------|
| <input type="checkbox"/> 7150 N President George Bush Highway | Suite 205 | Garland, Texas | 75044 |
| <input type="checkbox"/> 2046 Forest Lane | Suite 110 | Garland, Texas | 75042 |
| <input type="checkbox"/> 1611 N Belt Line Road | Suite C | Mesquite, Texas | 75149 |

Sleep Referral Form

Patient Information

Patient Name: _____
 Address: _____
 City & Zip: _____ State _____
 Cell #: _____
 Home #: _____
 Work #: _____
 SSN: _____ DOB: _____

Insurance Information

Carrier: _____
 Telephone: _____
 Group No.: _____
 ID No: _____
 Person Insured: _____
 Insured SSN: _____
 Insured DOB: _____

Clinical Observations:

Heavy Snoring	Short Temper/Irritability	Obesity
Witness Apneas	Trouble concentrating	Crowded Hypopharynx
Snore Arousals	Forgetfulness	Enlarged Neck Circumference
Daytime Drowsiness	Frequent Napping	Enlarged Tonsils
Morning Headaches	Anxiety/Depression	Turbinate Hypertrophy
Loss of Energy/Fatigue	High Blood Pressure	Septal Deviation
Restless Sleep	Enlarged Tongue	Retrognathia
The patient has been diagnosed with obstructive sleep apnea <i>mild mod severe</i> AHI: REM: supine: Date of Diagnosis: ____ / ____ / ____		

Study Ordered (polysomnography):

Evaluate and Perform Sleep Studies (if required)			
PSG and CPAP (2 night protocol)	Titration study with BiPAP	Multiple Sleep Latency Test (MSLT)	
Diagnostic PSG only	Split Night Study with CPAP		
Titration study with CPAP	Split Night Study with BiPAP		
Special Instructions			
OXYGEN <input type="checkbox"/> Yes <input type="checkbox"/> No	Liters per Minute:		
Wheelchair <input type="checkbox"/> Yes <input type="checkbox"/> No	Assistance Moving <input type="checkbox"/> Yes <input type="checkbox"/> No	Translator <input type="checkbox"/> Yes <input type="checkbox"/> No	
Medication <input type="checkbox"/> Yes <input type="checkbox"/> No	give:	Other orders::	

I authorize Sleep Trends Diagnostic Centers to perform sleep studies on the above patient according to their protocol, including the urgent initiation of CPAP and oxygen, should it be necessary.

I do not request Sleep Trends to provide sleep follow up, as I will provide the long term care for this patient.

Primary Care Physician: _____

Ordering Physician (if different from above): _____

Address: _____ Telephone: _____
 (Street) (City) (State) (Zip) Fax: _____

Physician Signature (Required): _____ **Date:** _____